

# HOMEOPATHY



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# SAMUEL HAHNEMANN MEMORIAL

Massachusetts Avenue and 16th street, NW, (Scott circle), Washington, DC. The impressive memorial that stands to the east of the Scott circle, near the cross section of Massachusetts and Rhode Island Avenues.

It honors Samuel C. F. Hahnemann (1755-1843), a German physician and the founder of homeopathic school of medicine. Authorized by Congress in January 1900 and unveiled the following June, the monument was the gift of the [American Institute of Homeopathy](#).

The bronze statue of Hahnemann is seated on a pedestal centered in front of a curving wall. The pedestal bears the well-known principle of homeopathy, expressed in the Latin phrase, [Similia Similibus Currentur](#) ("like cures the like").

Four large bronze bas-relief panels on the wall depict Hahnemann as a:

- ▶ student surrounded by books
- ▶ chemist in the laboratory
- ▶ teacher in the lecture room
- ▶ physician at the bedside

# BEGINNINGS OF HOMEOPATHY

In 1796, Samuel Hahnemann, M.D., a German physician, formalized these concepts into a system of medical treatment, and proved medicinal substances during his lifetime.

Homeopathy spread through Europe, to North and South America and to Asia in the 1800's and is used worldwide today.



# HOW ARE HOMEOPATHIC MEDICINES PROVEN?



Micro doses of medicines are given to healthy volunteers until they began to manifest symptoms.

A detailed record is kept of these symptoms and verified by the homeopath conducting the experiment.

# HOMEOPATHY DEFINED

The word homeopathy is derived from Greek words:

- Greek homoios "like, similar, of the same kind" (see -homeo)
- + patheia (see -pathy, suffering or illness)

Online Etymology Dictionary, © 2010 Douglas Harper

A system for treating disease by drugs, given in minute doses that produce symptoms similar to those of the disease in a healthy person.

- Uses a natural pharmaceutical system that utilizes micro doses of substances from the plant, mineral or animal kingdom.

Homeopathic medicines:

- Work by stimulating immune and defense systems to improve overall level of health.

Conventional drugs are substances that counter symptoms.

- Rather than increasing them in hopes of stimulating a healing response.

# HOW HOMEOPATHIC MEDICINES ARE PREPARED

To lessen side effects, Dr. Samuel Hahnemann diluted the medicines, but it diminished its strength.



He discovered that succussion (pounding a powdered substance in a mortar, with a pestle, or if in liquid form by hitting the glass container on a padded surface) ten to forty times between every dilution to maintain potency.



Potentization makes the remedy more powerful and longer-lasting when taken internally.

# THREE PRINCIPLES OF PRESCRIBING IN HOMEOPATHY

## 1. Similia similibus currentur:

Latin phrase means similars cure similars.

- The homeopathic prescriber matches the symptom picture of the person, to that belonging to a particular remedy: from drug provings, cured symptoms or clinical studies.

2. Single remedy (classical homeopathy) a change denotes the need to change the prescription in classical homeopathy.

- Only one remedy is given at one time until the symptoms return after having improved.

## 3. Minimum dose:

The smallest possible dose is given with repeated doses only when needed.

- If the remedy acts and patient feels better and moves toward health, wait to repeat dose until improvement slows or stops.

# HOW DOES HOMEOPATHY WORK?

Homeopathy works to strengthen and improve your overall resistance to infection, without the side effects of drugs and antibiotics.

Patients often report a feeling of well-being after taking the simillimum.

Homeopathy cannot cure every symptom or every patient, However:

It offers the real possibility of relief of various acute, deep-seated chronic, acquired or inherited diseases.



# HOMEOPATHY AND HEALING

When are you sick?

- When you are no longer able to function at the level of health formerly enjoyed.

The body manifests symptoms in both acute and chronic illness.

- This can be on one or more levels of the body: physical, mental and/or emotional.

Symptoms are the signposts of an imbalance,

- in the vital force: the vital principle distinct from all physical and chemical forces.



# HOMEOPATHIC TREATMENT OF DENTAL NEURALGIA

A placebo controlled study was designed to determine the effectiveness of Arnica 7C and Hypericum 15C for people suffering from dental neuralgia.

- 60 people received either 4 pilules of Arnica alternated with 4 pilules of Hypericum every 4 hours or placebo administered in the same way.
- Pain levels were assessed over 3 days from the beginning of the trial.
- From this assessment it was found that 12 of the 30 people who received the placebo had a positive response to this intervention.
- 23 of the 30 people given the homeopathic medicine responded positively to these.

Albertini H, Goldberg W, Sanguy B, Toulza CL. Journal of the American Institute of Homeopathy, 1985, 3, 126-129. Carried out at the Faculty of Medicine of Marseilles.

# WHAT CAN HOMEOPATHY HELP?

Listed are some conditions I have seen improve when the correct remedy (simillimum) was given.

- Mild to severe headaches
- PMS (pre-menstrual syndrome)
- Digestive disorders
- Muscle aches, bone pains and injuries
- Common cold, influenza and sinusitis
- Constipation and/or diarrhea
- Skin conditions
- Stress, grief, and relationship problems
- Resentment, anger, anxiety, fear, and irritability
- Memory weakness or dullness, and confusion

# COULD YOU BENEFIT FROM HOMEOPATHIC TREATMENT ?

Patients range in age from infants to the elderly.

Can help patients with nausea and side effects of chemotherapy.

Homeopathy is considered safe and effective for mother and baby during pregnancy, morning sickness, labor and delivery.

Arnica Montana is used in the United States by many plastic surgeons to reduce swelling after surgery.